



2022 McGregor Winter

Students' Materials List

Class: Creative Adventures in Acrylics

Tutor: Chris Postle

We provide this list of materials as a guide only for you to bring to the Retreat. Your Tutor has compiled this list so you can embrace the class and skills being taught. The University Bookshop will provide a discount of 10% on art supplies prior to and during the McGregor School.

Please bring the following:

What to paint on:

If you can manage a canvas a day great. Something that suits your comfort zone size wise.

- Approx 700 x 500mm is a good size.
- If you are travelling light, bring a roll of canvas we can cut, and tape
 - I will have a mixture of loose canvas roll, cutting to size and taping to board, a couple of canvas' and couple of sheets of water colour paper for life drawing.
 - Can pre prime with gesso if you like, if not bring a 500 ml tub
- A good size sketch pad also.

Paints: I use mainly **matisse and Atelier brands.**

- **A2 brands** are ok if watching budget and have a good colour range. I always carry a litre bottle of A2 titanium white.
- **Some primary colours:**
 - Cobalt Blue, Yellow Ochre, Cad Red light & Cad yellow mid, Paynes Grey and Red Black one of my favs.
- Because I use a lot of bright colours it may get expensive if starting out so just go the cheaper brands, A2.
 - A few specialized colours if you can afford are Matisse Aust Blue Gum, Aust Sienna, Aqua green light, Pacific Blue, Sap Green and Pthalo Turquoise. Bring what you have and some of these extras if possible.

Extras :

- Charcoal (Willow Sticks)
- Light coloured Chalk or pastel
- Sea sponge
- Water spray bottle
- Masking tape
- Squirt bottle:
 - Ladies can speak with their hairdresser and ask to keep some of the colour or perming bottles with small screw on lid. Few rags and water container or bucket.

Brushes:

Attaching photo of brushes and Palette knives as too many brands which can get confusing.



Approximate material cost - \$350 to \$500 is the estimated material cost. Please note you may already have some items in your art wares collection. Sometimes a tutor or the McGregor Retreats may be able to buy items in bulk to get the best price and we would then seek reimbursement from you. This will be communicated if required.

If you have a question that is specifically about the materials – please contact your tutor on chrispostle59@hotmail.com

9 – 15 January 2022

Daily Schedule:**DAY ONE**

- Getting to know our brushes, palette knives, preparing canvas' discussing subjects and colour.
- Hopefully a flying start.

DAY TWO

- Finding our subjects and straight into it. Sketching, painting, etching, layering and whatever else grabs our fancy

DAY THREE

- Sometimes the days unfold in different directions but guaranteed to stimulate the creative senses



DAY FOUR

- A wander through the Japanese gardens with sketch books, palette knives and a few fav colours

DAY FIVE

- Life drawing and painting in the morning - nude model.
- Same in afternoon but clothed model Ahn Doh style.

DAY SIX

- More painting and palette knife,
- Possible ocean scene focusing on palette knife and how to paint water

DAY SEVEN

- Always a play day.
- Tidying up all our works from previous days.
- Possibly a collaborative piece to use up our unwanted paint.
 - Always a fun exercise.

Bring a Coffee mug –regular black tea and coffee, full cream milk and sugar **are** supplied by the School. **should you require decaf, herbal teas, other milk types or artificial sweeteners please bring your own supplies. We will have ‘tea rooms’ set up around campus with small fridges that you can keep your own supplies in.*

N.B. It is advisable to mark your equipment for easy identification.

Workshop runs 8.30am to 4.00pm with a light lunch provided at 12noon **only** on the weekend days. You must provide your own lunch Monday to Friday. Please note allergies will be catered for as best we can but depending on the level of dietary/allergy needed to be catered for this may incur a surcharge.