

2022 McGregor Winter

Students' Materials List

Class: Realistic Nature in Acrylics - The Devil's in the Detail

Tutor: Rob REK

We provide this list of materials as a guide only for you to bring to the Retreat. Your Tutor has compiled this list so you can embrace the class and skills being taught. The University Bookshop will provide a discount of 10% on art supplies prior to and during the McGregor School.

Please bring the following: Note: the items highlighted in blue below

Please bring along any additional items or watercolour tubes you may have at home that you think maybe of use. The brushes can last for 5 years or more!

Brushes:

1	art spectrum flat sable long handle brush – size 6	POA
1	art spectrum flat sable long handle brush – size 4	POA
1	art spectrum flat sable long handle brush – size 2	POA
1	Neef synthetic filbert brush size - 6	\$22
1	Neef synthetic filbert brush – 8	\$27
1	Neef synthetic filbert brush – 0	\$11.35
1	Neef synthetic bright brush – 2	\$12.30
1	Neef synthetic round brush – 1	\$11.35
1	Neef fine sable round brush – 4	\$23

*Recommended brushes can be purchased through the artist prior to the workshop – artist quality brand (as above) but can be substituted with another less expensive variety *costs not included in total*

Palette and Surfaces:

1	Stawet palate – any size	\$36-75
1	monte marte premium double thick canvas 40 x 50 cm	\$18
1	monte marte premium double thick canvas 60 x 90cms	\$39
1	Mont marte tear off paper palette	\$5.50
1	Art spectrum oil pad 300gsm paper A3	\$26.85

Paints:

Optional Recommended Golden paints – artist quality brand *costs not included in total

1	Golden Heavy body acrylic - Vandyke brown	\$17.70
1	Golden Heavy body acrylic - Phalo blue – (green shade)	\$19
1	Golden Heavy body acrylic - Paynes grey -	\$16
1	Golden Heavy body acrylic - Cadmium red	\$34
1	Golden Heavy body acrylic - Cadmium yellow	\$28
1	Golden Heavy body acrylic - Titanium white	\$12.45



1 Golden Heavy body acrylic - Quinacridone red \$25.05

Paints – option 2 value pack

1 Chroma A2 Acrylic 120ml Set of 8 \$58

*Golden paints can be substituted with another (structure or medium body paint) less expensive variety eg chroma a 2 set * included in materials estimate*

Other materials:

1	Monte marte palette knife no 11	\$4.50
1	Royal & langnickle angular taklon brush set of 3	\$16.60
1	Art spectrum pipette pack of 4	\$4.70
1	Staedtler B pencil	\$2
1	Staedtler eraser	\$3.75
1	Staedtler sharpener	\$1.55
1	60 ml Syringe	\$3
1	Matisse flow titanium white 75ml	\$10
1	Liquitex wide paint marker white	\$23.50
1	Absorbent sponge	
1	Bar of soap	
1	Dirty water jar	
1	Clean water jar	
1	Lint roller with peel off sticker	

Total estimate \$300

TO BE PURCHASED IN BULK ON YOUR BEHALF:

The materials below will be purchased in bulk prior to the workshop, with this additional cost being divided between the class. This shouldn't equate to more than approximately \$15 each depending on class size. Invoices will be issued during or shortly after the workshop for payment.

1	Chroma Brush cleaner	\$15.95
1	artist turps	\$20.00
1	Art Spectrum Gesso (white) 1 l	\$56.10
1	Liquitex flow medium	\$20.00
1	Golden GAC 100 acrylic medium	\$25.00
1	Langridge's Gloss varnish 500ml	\$33.00

If you have a question that is specifically about the materials – please contact your tutor on, or you wish to enquire about purchasing any of the specialised materials list items, Rob can be emailed on: robrek1@outlook.com

McGregor Winter Workshops 2022 Schedule: 9 – 15 January 2022

DAY ONE – Getting started

- Introduction
- Choosing the right reference material
- Gesso undercoating for finished works
- Colour and mixing
- The right brush for the right job

- Wet palette
- Meet the projector
- Practice creating outlines using the projector on paper

DAY TWO – Practicing the key elements

- Eyes – demonstration and practice on this critical element of a successful Bird painting
- Beaks - demonstration and practice
- Feathers - demonstration and practice
- Glazing techniques and experimenting with acrylic mediums to produce better flow or transparency.
- Sand back gesso and applying the Base coat for the major work.

DAY THREE - The ugly duckling phase

- Students will start work on their major avian piece on canvas using the techniques learned in the first days
- Base coat / blocking
- The eye in detail –
- Glazing in the eye area to create a lifelike effect using glazing and colours, different brushes
- The snail shell, demonstrating and working with acrylic paint as it dries by working in a circular motion around the painting and progressively building layers to create realistic depth.

DAY FOUR – More layers than an Onion

- Continuing to build depth of the work using layering techniques
- The beak in detail
- Glazing of the beak, building depth and creating the fibrous look in the hard surface
- Feathers starting to build up more depth and exploring the variety of feathers on the subject

DAY FIVE – The swan emerges

- Feathers – focus on feathers and creating texture with low and highlights
- Shadows and highlights
- Fine details
- Extra fine details!

DAY SIX – Lets loosen up – still life adventure

- After an intensive week of fine detail work, it's time to flip the script and see how the other half live
- Still life adventure
- Fusion of techniques, and using different acrylic mediums and applications
- Layering and expedited drying



DAY SEVEN – Commitment & conclusion

- Building final layers to still life fusion work
- Varnishing options & demonstration – practice
- Discussion and chat about techniques – questions – thoughts

Bring a Coffee mug –regular black tea and coffee, full cream milk and sugar **are** supplied by the School. **should you require decaf, herbal teas, other milk types or artificial sweeteners please bring your own supplies. We will have ‘tea rooms’ set up around campus with small fridges that you can keep your own supplies in.*

N.B. It is advisable to mark your equipment for easy identification.

Workshop runs 8.30am to 4.00pm with a light lunch provided at 12noon **only** on the weekend days. You must provide your own lunch Monday to Friday. Please note allergies will be catered for as best we can but depending on the level of dietary/allergy needed to be catered for this may incur a surcharge.